

| PLANNING AQUAGYM | LUN           | MAR           | MERC          | JEU           | VEN           | SAM           | DIM          |
|------------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------|
|                  |               |               |               |               |               |               |              |
| SPADIO BODY      | 11:15 - 12:00 | 11:30 - 12:15 |               |               |               | 11:00 - 11:45 |              |
|                  | 18:45 - 19:30 |               | 18:45 - 19:30 |               | 16:15 - 17:00 |               |              |
| SPADIO BIKE      |               | 12:15 - 12:55 |               | 11:15 - 11:55 | 12:15 - 12:55 | 9:15 - 9:55   |              |
|                  | 18:45 - 19:25 | 19:00 - 19:40 | 19:45 - 20:25 |               | 19:00 - 19:40 |               |              |
| SPADIO BOXING    |               |               | 18:45 - 19:25 | 12:15 - 12:55 |               |               |              |
| SPADIO FITNESS   | 11:15 - 12:00 | 10:45 - 11:30 | 10:15 - 11:00 | 10:15 - 11:00 | 10:45 - 11:30 |               | 9:15 - 10:00 |
|                  |               | 16:15 - 17:00 |               | 18:45 - 19:30 | 16:15 - 17:00 |               |              |
| SPADIO BOOST     |               |               |               | 19:45 - 20:30 |               |               |              |
| SPADIO RUNNING   | 19:30 - 20:15 |               |               |               |               |               |              |
| SPADIO OCEAN FIT |               | 10:45 - 11:45 |               |               | 10:45 - 11:45 |               |              |
| SPADIO DOUCE     |               |               |               | 16:15 - 17:00 |               |               |              |
| BOUTCHOU         |               |               |               |               |               | 9:15 - 10:00  |              |
|                  |               |               |               |               |               | 10:00 - 10:45 |              |